

Confidential, One-on-One, Distinctively Christian Caring Relationships provided by trained lay members of Beautiful Savior Lutheran Church

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We are called to, "Bear one another's burdens ... and so fulfill the law of Christ." Galatians 6:2

A Stephen Minister can help

meet the needs of a person who is facing life's issues:

Aging Being Shut-In Financial Setback Frustrations and Challenges Illness Loneliness Loss of a Job Loss of a Loved One Low Self-Esteem Infertility or Miscarriage Retirement Separation or Divorce Struggles with Faith in God

. . .

Everyone goes through difficult times. Having someone to care, listen, and share God's love with you can help you get through the confusion, stress, or loneliness you may be experiencing.

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We are called to, "Encourage one another and build one another up." 1 Thessalonians 5:11

A Stephen Minister is . . .

- a child of God who will walk beside you,
- a caring Christian friend who really listens, and
- a lay person who has had 50 hours of initial training, along with regular on-going training and supervision, and is able to provide distinctively Christian care.

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If you would like to have a Stephen Minister walk with you on your journey to wholeness, or if you would like to inquire about becoming a Stephen Minister, then please contact either:

> Kathy DiGregorio kathyd1sm@yahoo.com 503-659-2945

Trish Rondema jtrondema@hotmail.com 503-758-1997

Care Receiver Testimonials

"I asked for this partner during a time when I felt weakened and worn down as I struggled through a time of crisis."

"When people are going through difficult times, as I was, it is helpful to have someone you can talk to who is impartial and nonjudgmental."

"She listened intently with her heart and mind, she asked helpful questions to help me consider how to problem solve, and she prayed with me and for me on a regular basis."

"I will never forget the countless times you were there to listen to me, support me, cry with me, and pray with me."

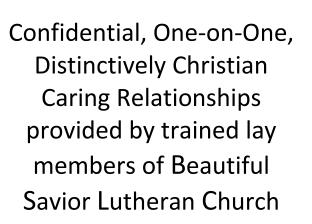
"She provided a safe place for me to share my pain, my feelings, and my struggles without any judgment and with complete confidentiality."

"I had a sense of security knowing that she was committed to me for however long I was in need of her caring support."

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A Stephen Minister is called to be a Care Giver; God provides the Cure to their Care Receiver . . .

"Cast your cares on the Lord and he will sustain you." Psalm 55:22a "Cast all your anxiety on him because he cares for you." 1 Peter 5:7 "Come to me, all you who are weary and burdened, and I will give you rest." Matthew 11:28





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