



Confidential, One-on-One,  
Distinctively Christian  
Caring Relationships  
provided by trained lay  
members of Beautiful  
Savior Lutheran Church

\* \* \*

We are called to, "Bear one  
another's burdens ... and so  
fulfill the law of Christ."

Galatians 6:2

**A Stephen Minister can help**  
meet the needs of a person who is  
facing life's issues:

Aging  
Being Shut-In  
Financial Setback  
Frustrations and Challenges  
Illness  
Loneliness  
Loss of a Job  
Loss of a Loved One  
Low Self-Esteem  
Infertility or Miscarriage  
Retirement  
Separation or Divorce  
Struggles with Faith in God

...

Everyone goes through difficult  
times. Having someone to care,  
listen, and share God's love with  
you can help you get through the  
confusion, stress, or loneliness you  
may be experiencing.

\* \* \*

We are called to, "Encourage one  
another and build one another  
up." 1 Thessalonians 5:11

**A Stephen Minister is . . .**

- a child of God who will walk  
beside you,
- a caring Christian friend who  
really listens, and
- a lay person who has had  
50 hours of initial training,  
along with regular on-going  
training and supervision, and  
is able to provide distinctively  
Christian care.

\* \* \*

**If you would like to have a  
Stephen Minister** walk with you  
on your journey to wholeness, or if  
you would like to inquire about  
becoming a Stephen Minister, then  
please contact either:

Kathy DiGregorio  
kathyd1sm@yahoo.com  
503-659-2945

Trish Rondema  
jtrondema@hotmail.com  
503-758-1997

## Care Receiver Testimonials

“I asked for this partner during a time when I felt weakened and worn down as I struggled through a time of crisis.”

“When people are going through difficult times, as I was, it is helpful to have someone you can talk to who is impartial and nonjudgmental.”

“She listened intently with her heart and mind, she asked helpful questions to help me consider how to problem solve, and she prayed with me and for me on a regular basis.”

“I will never forget the countless times you were there to listen to me, support me, cry with me, and pray with me.”

“She provided a safe place for me to share my pain, my feelings, and my struggles without any judgment and with complete confidentiality.”

“I had a sense of security knowing that she was committed to me for however long I was in need of her caring support.”

\* \* \*

***A Stephen Minister is called to be a Care Giver;  
God provides the Cure to their Care Receiver . . .***

“Cast your cares on the Lord and he will sustain you.” Psalm 55:22a

“Cast all your anxiety on him because he cares for you.” 1 Peter 5:7

“Come to me, all you who are weary and burdened, and I will give you rest.” Matthew 11:28



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