

Because you are better at marriage than you think!

As a MarriedPeople EZINE member, each month you receive ideas and insights with go-and-do's you can actually go and do. So pick one, two, three of the things below and see how little things can turn into something big. You got this . . .

because you are better at marriage than you think!



He Said, She Said

Each month, we highlight a couple we think has something great to say. We give them one question to ask each other. This month's couple is Jessica and Matt McKee. Matt has launched 8 companies, and is currently part of 2 startups. Matt and Jessica have been married since 1999. Together, they're raising two rowdy boys and live outside Atlanta, GA.

WE ASKED JESSICA AND MATT, "HOW DO YOU SUPPORT EACH OTHER WHEN STARTING A NEW BUSINESS?"

JESSICA: Trust is so important. I give Matt space to make decisions that will allow his business to grow and trust that the decisions he makes will also support our family. Perspective has taught us that life as an entrepreneur offers times of feast and times of famine. During the times of feast, we work together to prepare our household for the times of famine that are inevitably coming.

MATT: Communication and grace are the key ingredients. For example, one year I spoke at 52 different events all over the nation. I felt it necessary to grow the business I had started. At the end of the year, Jessica asked if I could make it 26 events the next year. She gave me the grace to do 52 and communicated that 52 was way too much for that season. The next year I did 24 and took the family with me as much as possible. I also unloaded the dishwasher more that year. I will let you decide which was better.



Hot Button

Each month we ask relationship gurus to share with us simple things that can dramatically impact marriages. This month we want you to hear from Dave Willis, author of *The Seven Laws of Love*.

Election season. It's the time when social media is blowing up with trash talk from the candidates and trash talk about the candidates. It's the time when you're tempted to "unfriend" some of your friends, because you're sick of them posting political propaganda that is opposite from your own political beliefs.

It's the time when you see someone with a political bumper sticker for a candidate you dislike and you're tempted to cut them off in traffic. It's relatively easy to ignore opposing political opinions when they're coming from the Internet or co-workers, BUT it's much harder to have a political divide when it's your spouse!

[\(Click here for entire entry.\)](#)



Random Awesomeness

Each month, we justify surfing the Web to bring you random awesomeness.

This month, we want you to see this one because it is **bananas** and this one because it's the **best of the bunch**.



Post It

Grab a sticky note, fill in the blank below, and put it in a place your spouse will find it (e.g., washing machine, steering wheel, bathroom mirror, etc.). Take a picture of the note and upload it to the social media outlet of your choice, and include #mupdates.

When we are apart, it makes me happy to think about _____.

The Spice



Each month, we will bring you one tip that will hopefully bring you closer in the bedroom. This month we want you to hear from Amanda Maguire. Amanda is passionate about being a part of the divorce rate going down in her community and the happy healthy rate of marriages going up!

This is the first school year that all three of our kids are in school ALLLLLLLLL day! Hooray!! It felt as if this day would never come. It did! So bring on some SERIOUS FUN!! My husband being a pastor doesn't have the weekends off like most dads, so Mondays are his day of rest and play.

Now that the kids are in school all day, we have a good chunk of time on Mondays to go to the beach (we live in California), go to Disneyland, take walks, bike rides, go to movies, run around the house naked, frolic in the meadow, or even just snuggle. Fun city all day long!

However, since school started, our serious day of fun has look more like grocery shopping, Target runs, fixing bathrooms, take care of a sick kid, yard work, house work, car work . . . and all with our clothes ON!

[\(Click here for entire entry.\)](#)

2-Minute Vacation



During one meal this week, ask each other this question:

What are three things on your bucket list?

Plugged In



The best gift you can give your spouse is a healthy you—healthy spiritually, physically, mentally and emotionally. Each month, we will explore a different way to make you a better you. This month we want you to hear from Drs. Les and Leslie Parrott, best-selling authors and relationship experts.

The reality that we're broken people becomes very apparent when we share our lives with someone else. We bring our unique personalities into the marriage, but we also bring our selfish nature.

Frustration, friction, disagreements—they are all certain to show up, but the way we react to these issues and obstacles shapes not only our character, but the strength and the intimacy of our marriage. As much as we lead with love toward our spouse, we must also lead with grace and forgiveness.

[\(Click here for entire entry.\)](#)